

Beam on the floor of the parlour

Task Description: **Milking cows**

In the parlour the dairy farmer stands at a lower level than the cows. The height can be custom-made, but does not fit every farmer. It is often a compromise between the taller man and smaller woman or originally based on the father's length.

Comments of the employee:

- ❑ *'Continuously repetition of the same gestures: putting claws on teat'*
- ❑ *'Continuously static standing work (> 1.5h): twice a day 1,5 h'*
- ❑ *'No comfortable standing posture: reaching to the udder'*
- ❑ *'Opportunity to have a break or change activity: as fast as possible'*

MSD risks:

- ❑ Posture

Exposed areas:

- ❑ Neck/shoulder
- ❑ Lower back

Solutions:

- ❑ A beam can be placed on the floor to adjust the height of the parlour. This farmer noted a markedly lower load in the shoulders.

